

TAE KWON DO PROGRAM

TAE KWON DO is a Korean martial art known as the art of kicking and punching. It combines combat techniques, self defense, sport and exercise. Our goal is to teach students to improve in physical strength, build confidence through knowledge and develop self-control, discipline and respect. Classes are held every Mondays and Wednesdays at Bayview Glen P.S Gymnasium at 3:00p.m. We are accepting students over the age of 5. Classes will begin on Jan13 2020 and will be taught by qualified black belt 5th Dan Master. Registration forms could be left in the school office and make cheques payable to Thomas Yeung. For information call (647)297-7390.

Class time 3:00pm to 4:00pm

Student Name:

Grade:

Phone no.:

Medical conditions:

E-mail:

Emergency contact (name and No.):

Please circle program below: Classes starts on Jan 13 2020 and finishes on Mar11 2020

Mondays or Wednesdays \$\$135

Mondays and Wednesdays \$230