

**PARENT PRESENTATION
REFLECTIVE LISTENING**
For parents of children from birth to teens

Parents, Grandparents and Caregivers are invited to attend!

Let's Talk About It!

"I see you, I hear you, I understand you."
The most immediate part of a child's message is the content, those aspects dealing with information, actions, events and experience, as verbalized by them. Reflecting content, feelings and emotions helps give focus to the situation in order to more fully understand the message.

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

To register for this session please contact:

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Topic: Reflective Listening: Reflecting, Content, Feeling and Emotion

This session will provide the tools to be a skilled listener where you will be able to reflect content, feelings and emotions of the child, that will help give focus to the situation in order to more fully understand the message.

Location: Bayview Glen Public School
42 Limcombe Drive L3T 2V5

Date: Thursday, March 5, 2020.

Time: 7:00 p.m. – 9:00 p.m.

Facilitator: Uma Bhatt, R.S.W.
York Hills Centre for Children, Youth and Families

This free Parent Presentation is brought to you by Bayview Glen Public School in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board.

