

Triple P Informed

Parent Talk

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus.

Join us to learn and share practical and effective parenting techniques. Discover how other parents have learned to navigate the same challenges.

To Join: bit.ly/3rkBayn

Parents, Grandparents and Caregivers!

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Tuesday April 26, 2022

Time: 10:00 a.m. – 11:30 a.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W.
York Hills Centre for Children, Youth and Families

More Information:

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This free Parent Talk is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board.