



Triple P Parenting Seminar

Sibling Rivalry

Sibling rivalry is the jealousy, competition and fighting between brothers and sisters.

It is a concern for most parents with two or more kids.

This session will look at the roots of rivalries and how parents can build greater harmony in family life.

You will learn about:

- What sibling rivalry is
- How to handle sibling rivalry
- Useful sibling conflict resolution strategies
- Simple parent techniques that work

[REGISTER](#) today!

Parents, Grandparents and Caregivers!

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Wednesday, May 18, 2022

Time: 10:00 a.m. – 11:30 a.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W.
York Hills Centre for Children, Youth and Families

More Information:

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This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board

