

German Mills Public School in collaboration with German Mills School Council are excited to invite parents and caregivers to participate in a workshop on Building Resilience in Your Child(ren).

Paula Vicente, MSW, RSW, CYW is a School Social Worker on the West YRDSB team. She will be delivering a parent workshop exploring what resilience is, the impact of resilience on mental health and how to strengthen resilience in an ever changing world.

Paula will provide caregivers with concrete strategies regarding how they can support their children in strengthening their resilience.

To register for the workshop, please email german.mills.ps@yrdsb.ca and a link will be shared with you.

We look forward to you joining us for this opportunity!

When: June 14th, 2022

Time: 7:00PM - 8:00PM (includes time for questions)

Location: Virtual Microsoft Teams Meeting