



Triple P Parenting Seminar

Parenting Strategies for a Successful Summer

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.

This session explains:

- how parents may get “trapped” in escalations and power struggles;
- why parents experience “defiance and non-compliance” when they ask or request their children to do something
- understanding various parenting traps, ways to avoid these traps and develop age appropriate and do-able strategies.
- how parents can have a successful, stress free summer

Click below to:

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Parents, Grandparents and Caregivers!

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Wednesday, June 7, 2022

Time: 10:00 a.m. – 11:30 a.m.

Location: Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W.
York Hills Centre for Children, Youth and Families

More Information:

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This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board

